



620 Edgar Avenue · Beaumont · California · 92223

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 4:30 PM: Lisa 6-8 PM: Pranic Healing	2 9:15 AM: Sally 10:30 AM: Brenda 1:30 PM: Sally 4:30 PM: Sally 6:00 PM: Sally	3 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat	4 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	5 4:30 PM: Kat	6 No Saturday class this week.
7	8 4:30 PM: Lisa 6-8 PM: Pranic Healing	9 9:15 AM: Sally 10:30 AM: Brenda 1:30 PM: Sally 4:30 PM: Sally 6:00 PM: Sally	10 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat	11 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	12 4:30 PM: Sally	13 8:30 AM: Sally
14	15 4:30 PM: Lisa 6-8 PM: Pranic Healing	16 9:15 AM: Sally 10:30 AM: Brenda 1:30 PM: Sally 4:30 PM: Sally 6:00 PM: Sally	17 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat	18 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	19 4:30 PM: Sally	20 8:30 AM: Sally
21	22 4:30 PM: Lisa 6-8 PM: Pranic Healing	23 9:15 AM: Sally 10:30 AM: Brenda 1:30 PM: Sally 4:30 PM: Sally 6:00 PM: Sally	24 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat	25 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	26 4:30 PM: Sally	27 8:30 AM: Sally
28	29 4:30 PM: Lisa 6-8 PM: Pranic Healing	30 9:15 AM: Sally 10:30 AM: Brenda 1:30 PM: Sally 4:30 PM: Sally 6:00 PM: Sally	31 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat			

- * Space is limited to 12 students per class. Please arrive 15 minutes prior to scheduled class time to fill out the necessary paperwork.
- * All yoga classes are approximately 45 minutes to an hour long \$12 per class.
- * Private (\$45/hr) and semi-private (\$15/hr for 3 or more) classes are available by appointment during non-scheduled class time. Please call to reserve.
- * Please call Sally at 951-415-6903 or stop by the studio to reserve your spot
- * **4:30 PM classes are all GENTLE.**

The Yoga Connection
 620 Edgar Avenue
 Beaumont, CA 92223

Sally Goodman June
 951-415-6903
 TheYogaConnectionStudio@gmail.com