



620 Edgar Avenue · Beaumont · California · 92223

# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2		1 5:45 AM: Anita 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	2 4:30 PM: Jenn	3 8:30 AM: Sally
4	5 4:30 PM: Lisa 6-8 PM: Pranic Healing	6 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:45 PM: Anita	7 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat	8 5:45 AM: Anita 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	9 4:30 PM: Jenn	10 No classes today.
11	12 4:30 PM: Lisa 6-8 PM: Pranic Healing	13 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:45 PM: Anita	14 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat	15 5:45 AM: Anita 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	16 4:30 PM: Sally	17 8:30 AM: Sally
18	19 4:30 PM: Lisa 6-8 PM: Pranic Healing	20 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:045PM: Anita	21 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat	22 No classes. Happy Thanksgiving from all of us!	23 No classes. Happy Thanksgiving from all of us!	24 No classes. Happy Thanksgiving from all of us!
25	26 4:30 PM: Lisa 6-8 PM: Pranic Healing	27 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:45 PM: Anita	28 9:00 AM: Sally (Senior) 10:00 Am: Sally (Chair) 4:30 PM: Sally 6:00 PM: Kat	29 5:45 AM: Anita 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	30 4:30 PM: Sally	

- \* Space is limited to 12 students per class. Please arrive 15 minutes prior to scheduled class time to fill out the necessary paperwork.
- \* All yoga classes are approximately 45 minutes to an hour long \$12 per class.
- \* Private (\$45/hr) and semi-private (\$15/hr for 3 or more) classes are available by appointment during non-scheduled class time. Please call to reserve.
- \* Please call Sally at 951-415-6903 or stop by the studio to reserve your spot
- \* **4:30 PM classes are all GENTLE.**

**The Yoga Connection**  
620 Edgar Avenue  
Beaumont, CA 92223

**Sally Goodman June**  
951-415-6903  
TheYogaConnectionStudio@gmail.com