



620 Edgar Avenue · Beaumont · California · 92223

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 No classes today. Wishing you a Happy New Year from TYC!	2 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	3 9:15 AM: Sally 4:30 PM: Sally 6:00 PM: Sally (Beginner)	4 9:15 AM: Andi 4:30 PM: Andi	5 8:30 AM: Sally
6 11:00 AM: Kat	7 4:30 PM: Sally 6-8 PM: Pranic Healing	8 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:30 PM: Sally	9 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	10 5:45 AM: Anita 9:15 AM: Sally 4:30 PM: Sally 6:00 PM: Sally (Beginner)	11 9:15 AM: Andi 4:30 PM: Andi	12 8:30 AM: Sally
13 11:00 AM: Kat	14 4:30 PM: Sally 6-8 PM: Pranic Healing	15 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:30 PM: Sally	16 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	17 9:15 AM: Sally 4:30 PM: Sally 6:00 PM: Sally (Beginner)	18 9:15 AM: Andi 4:30 PM: Andi	19 8:30 AM: Sally
20 11:00 AM: Kat	21 4:30 PM: Sally 6-8 PM: Pranic Healing	22 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:30 PM: Sally	23 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	24 9:15 AM: Sally 4:30 PM: Sally 6:00 PM: Sally (Beginner)	25 9:15 AM: Andi 4:30 PM: Andi	26 8:30 AM: Sally
27 11:00 AM: Kat	28 4:30 PM: Sally 6-8 PM: Pranic Healing	29 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:30 PM: Sally	30 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	31 9:15 AM: Sally 4:30 PM: Sally 6:00 PM: Sally (Beginner)		

- * Space is limited to 12 students per class. Please arrive 15 minutes prior to scheduled class time to fill out the necessary paperwork.
- * All yoga classes are approximately 45 minutes to an hour long \$12 per class.
- * Private (\$45/hr) and semi-private (\$20/hr for 3 or more) classes are available by appointment during non-scheduled class time. Please call to reserve.
- * Please call Sally at 951-415-6903 or stop by the studio to reserve your spot
- * **4:30 PM classes are all GENTLE.**

The Yoga Connection

620 Edgar Avenue
Beaumont, CA 92223

Sally Goodman June

951-415-6903

TheYogaConnectionStudio@gmail.com