



620 Edgar Avenue · Beaumont · California · 92223

# February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:15 AM: Andi 4:30 PM: Andi	2 8:30 AM: Sally
3 11:00 AM: Kat	4 4:30 PM: Sally 6-8 PM: Pranic Healing	5 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:30 PM: Sally	6 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	7 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	8 9:15 AM: Andi 4:30 PM: Andi	9 Pranic Healing Level 1 Class. No Saturday yoga class.
10 Pranic Healing Level 1 Class. No Sunday yoga class.	11 4:30 PM: Sally 6-8 PM: Pranic Healing	12 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:30 PM: Sally	13 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	14 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner) 	15 9:15 AM: Andi 4:30 PM: Andi	16 8:30 AM: Sally
17 11:00 AM: Kat	18 4:30 PM: Sally 6-8 PM: Pranic Healing	19 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:30 PM: Sally	20 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	21 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)	22 No classes today.	23 8:30 AM: Sally <b>10:30 AM: Finance Workshop</b>
24 11:00 AM: Kat	25 4:30 PM: Sally 6-8 PM: Pranic Healing	26 9:15 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:30 PM: Sally	27 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:30 PM: Sally	28 9:15 AM: Sally 10:30 AM: Brenda 4:30 PM: Sally 6:00 PM: Sally (Beginner)		

- \* Space is limited to 12 students per class. Please arrive 15 minutes prior to scheduled class time to fill out the necessary paperwork.
- \* All yoga classes are approximately 45 minutes to an hour long \$12 per class.
- \* Private (\$45/hr) and semi-private (\$20/hr for 3 or more) classes are available by appointment during non-scheduled class time. Please call to reserve.
- \* Please call or text Sally at 951-415-6903 or stop by the studio to reserve your spot
- \* **4:30 PM classes are all GENTLE.**

**The Yoga Connection**  
620 Edgar Avenue  
Beaumont, CA 92223

**Sally Goodman June**  
951-415-6903  
TheYogaConnectionStudio@gmail.com