



620 Edgar Avenue · Beaumont · California · 92223

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:30 AM: Sally
2	3 9:15 AM: Anita 4:30 PM: Anita 6-8 PM: Pranic Healing	4 5:45 AM: Anita 9:30 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:45 PM: Anita	5 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:45 PM: Kat	6 5:45 AM: Anita 9:30 AM: Sally 4:30 PM: Sally 6:00 PM: Sally (Beginner)	7 9:15 AM: Andi 4:30 PM: Andi 6:45 PM: Anita	8 8:30 AM: Sally
9 Sally will be gone beginning this week to see her daughter + granddaughter in Michigan! :)	10 9:15 AM: Anita 4:30 PM: Anita 6-8 PM: Pranic Healing	11 5:45 AM: Anita 9:30 AM: Anita 1:30 PM: Anita 4:30 PM: Anita 6:45 PM: Anita	12 9:00 AM: Lisa (Senior) 10:15 AM: Anita (Chair) 4:30 PM: Anita 6:45 PM: Kat	13 5:45 AM: Anita 9:30 AM: Anita 4:30 PM: Anita 6:00 PM: Anita (Beginner)	14 9:15 AM: Andi 4:30 PM: Andi 6:45 PM: Anita	15 8:30 AM: Anita
16	17 9:15 AM: Anita 4:30 PM: Anita 6-8 PM: Pranic Healing	18 5:45 AM: Anita 9:30 AM: Sally 1:30 PM: Sally 4:30 PM: Sally 6:45 PM: Anita	19 9:00 AM: Lisa (Senior) 10:15 AM: Sally (Chair) 4:30 PM: Sally 6:45 PM: Kat	20 5:45 AM: Anita 9:30 AM: Sally 4:30 PM: Sally 6:00 PM: Sally (Beginner)	21 9:15 AM: Andi 4:30 PM: Andi 6:45 PM: Anita	22 8:30 AM: Sally
23/30	24/31 No classes on the 24th. Happy Holidays!	25 No classes today. Happy Holidays!	26 No classes today. Happy Holidays!	27 5:45 AM: Anita 9:30 AM: Sally 4:30 PM: Sally 6:00 PM: Sally (Beginner)	28 9:15 AM: Andi 4:30 PM: Andi 6:45 PM: Anita	29 8:30 AM: Sally

- * Space is limited to 12 students per class. Please arrive 15 minutes prior to scheduled class time to fill out the necessary paperwork.
- * All yoga classes are approximately 45 minutes to an hour long \$12 per class.
- * Private (\$45/hr) and semi-private (\$15/hr for 3 or more) classes are available by appointment during non-scheduled class time. Please call to reserve.
- * Please call Sally at 951-415-6903 or stop by the studio to reserve your spot
- * **4:30 PM classes are all GENTLE.**

The Yoga Connection
 620 Edgar Avenue
 Beaumont, CA 92223

Sally Goodman June
 951-415-6903
 TheYogaConnectionStudio@gmail.com