

THE YOGA CONNECTION

620 Edgar Avenue, Beaumont, CA 92223 | | Call to reserve your space @ (951) 415-6903



The Minimalist Movement

WHY OUR TREE-HOUSE MATTERS

The yoga realm is full of individuality, ranging from the singularity of being to our relationship with our innermost thoughts and feelings. Our bodies and minds are the spaces in which we shelter the mindfulness, awareness, and energy that propels us through life. However, a shared space that houses and protects a collective conscious is just as important to maintain. Yoga studios vary in size, personnel, and location, but are connected by their central goal: to bring people from all walks of life together to enjoy a meaningful yoga practice.

Our little bungalow on Edgar Avenue, from the moment owner Sally June came upon it, radiated the same positive energy it promised to absorb. A beautiful, quaint central space made it ideal for small, boutique-like classes where students are guaranteed attention and assistance. The front desk is where the seeds of community are sown by yogis themselves as they chat with fellow students and instructors. Our tree house bungalow is the perfect space for focus and dedication, and we are so proud to share it with all of our loyal friends.

Namaste

What Types of Yoga Are There?

- IYENGAR
- HATHA
- ASHTANGA
- KUNDALINI
- BIKRAM
- YIN
- VINYASA
- RESTORATIVE
- ANUSARA
- JIVAMUKTI
- PRENATAL

NOT SURE WHICH STYLE YOUR INSTRUCTOR TEACHES? ASK THEM! THEY'LL BE HAPPY TO SHARE THEIR STORIES.